

# Upcoming events

Nov 11 Veteran's Day – Office closed  
Nov 14 Church Potluck and Qtr. Ministry Update  
Nov 25-26 Thanksgiving Holiday – Office closed

# Financial update

General fund giving (through the end of October): \$ 212,222  
General fund budget (through the end of October): \$ 247,444  
If you would like more information, contact the church office.



4812 Airport Road  
Pullman, WA 99163  
Office hours: Mon – Fri, 9am–1pm  
church@efreepalouse.org  
Phone: 509-872-3390  
Website: efreepalouse.org

Pastor: Josh Wheatley  
Youth Pastor: Ben Wilson  
Children's Director: Jessica Olson  
Worship Director: Arden Skoglund  
Admin. Assistant: Suzie Schad  
Bookkeeper: Donna Witthuhn  
Comm. Coordinator: Ana Rarig



*Evangelical Free Church*  
of the Palouse

# Welcome to E-Free!

We would love to connect and pray with you! Please fill out a Connect Card to:

- Join a discipleship group, life group, or other ministry group
- Connect with a Pastor
- Find a place to serve
- Sign up for email updates

Visit [efreepalouse.org/connect](http://efreepalouse.org/connect) or the welcome table in the foyer.

# Our Mission

“Raising worshipful, caring, disciple-making servants of the Lord Jesus Christ as we reach our community and the world.”

# Kid's Programs

After the song service, we have programs for kids age 2 – 10 years old. To join, visit the kid's programs check-in table at the entrance.

Staffed nursery is available for newborns and toddlers age 0 – 2 years old. Nursing mothers are welcome to use the nursing room in the back of the sanctuary.

**November 7, 2021**

8:00 am Prayer | 9:00 am Classes | 10:10 am Worship

# Announcements

## Operation Christmas Child boxes due soon!

The deadline to return packed boxes is Nov 21! Pick up your Operation Christmas Child box in the church foyer. Packing a box is fun to for friends and family. Pack a box with your kids, roommates, or small group! Learn more at [efreepalouse.org](http://efreepalouse.org)

## Sign up for Meals on Wheels

E-Free church partners with Meals on Wheels delivering meals to Pullman's elderly community. We still need drivers for open routes on Nov 10 –29. Drivers will pick up meals at Bishop Place at 11:15 am each day. It's easy to sign up on [signupgenius.com](http://signupgenius.com) using Dan's email [dandruff747@gmail.com](mailto:dandruff747@gmail.com) or contact him at 509-595-4308

## Church Potluck on Nov 14

We will be having an all church potluck immediately following the service on Nov 14. If your last name begins with A-M, bring a main dish and a dessert, N-Z bring a main dish and a side dish. If you are unable to bring a dish, please join us anyway because we usually have more than enough! Pastor Josh will also give us a Ministry Update.

## His & Hers Classes for Young Parents

Learn about family vision and values in this 6-week Sunday School class starting Nov 7, at 9:00 am. Dads will meet with Josh Wheatley to discuss family vision. Moms and their little ones will meet with Gloria Wheatley to talk about family values. During class, children, K – 5<sup>th</sup> grade may join a special Sunday school program. Contact [josh@efreepalouse.org](mailto:josh@efreepalouse.org)

## Men's Hike

Men of all ages are invited to a hike on Kamiak Butte, Saturday, Nov 13 at 10am. Meet at the Kamiak parking lot and enjoy a hotdog lunch following the hike. Contact Carl Pearson at [cpearson9@yahoo.com](mailto:cpearson9@yahoo.com)

## Jonah's Anger at the Goodness of God

Jonah 4:1– 4

Josh Wheatley

Summary: Jonah's anger toward the goodness of God reveals a deep-seated sin problem.

Two lessons we don't want to miss:

1. God is Good (4:2)
  - a. Exodus 34:6-7 the basis of OT faith and practice: Nu. 14:18; 2 Ch. 30:9; Ne. 9:17, 31; Ps. 86:15; 103:8; 111:4; 116:5; 145:8; Joel 2:13; Jonah 4:2.
  - b. Consider Jesus as the incarnation of Exodus 34:6-7—the goodness of God in the flesh! (John 1:14; 14:9; 17:6; Heb. 1:3)
2. Anger is Evidence of Sin (4:1)
  - a. Anger Defined: "Anger is an emotion characterized by antagonism toward someone or something you feel has deliberately done you wrong." ([apa.org](http://apa.org))
  - b. Anger Analyzed: "...anger results from a combination of the trigger event, the qualities of the individual, and the individual's appraisal of the situation." ([psychologytoday.com](http://psychologytoday.com))
  - c. Consider the following grid:

Analyzing Anger  
"Righteous" versus "Unrighteous" Anger

1. Trigger	<i>What event triggers my anger?</i>
2. Appraisal	<i>Is the trigger a moral, ethical, or safety concern? Must I respond, or will I trust God to avenge (Ro. 12:19)?</i>
3. Personal Qualities	<i>How are my physical, spiritual, mental, psychological, emotional, and relational qualities affecting my response?</i>

- d. Biblical considerations:
  - i. General: Prov. 19:11; Ecc. 7:9
  - ii. Jesus: Mark 3:5; 10:14
  - iii. Jonah
  - iv. Yourself (James 3:13-18; Matt. 16:23 ct. vv. 17-19)

For full sermon notes, visit [efreepalouse.org](http://efreepalouse.org)